

# Child Care Health Consultation Meeting Summary

Wednesday, February 26, 2014 from 1:30-3:30pm

#### Attendees

Mary Balluff, Dipti Dev, Holly Dingman, Dawn Howe, Jason Kerkman, Diane Kvasnicka, Tiffany Mullison, Ann Tripp, Carol Tucker, Pat Urzedowski, and guest, Erin Boettcher.

#### Welcome & Introductions

Diane facilitated introductions for the group, welcoming returning member, Ann Trip now at Creighton University working with nursing students; and new member, Dipti Dev, with UNL Extension working on nutrition promotion and obesity prevention.

#### Meeting Minutes from January 17, 2013

Diane directed members to the meeting minutes from the last meeting [see attached].

## Step Up to Quality Update

- Eleanor Shirley, Department of Education, was not able to attend today. Diane provided an overview and referenced the 2 page handout [see attached]. Diane will invite Eleanor to present at our next meeting.
- Legislation [LB507] was passed in 2013 on the Quality Rating Improvement System [QRIS].
- Nebraska based much of their implementation model on the State of Washington's work.
- Programs are mandated to participate in year 1 if they receive a subsidy of \$500,000 or greater; this translates to approximately 12 programs. The 12 programs are primarily located in the Omaha area. In year 2, programs receiving over \$250,000 will be required to participate; this translates to approximately 60 programs.
- Additional staffing positions to support the QRIS have been posted on the state website. Both positions are under the Nebraska Department of Education, <a href="https://www.statejobs.nebraska.gov">www.statejobs.nebraska.gov</a>
- Holly Dingman shared the NAP SACC [Nutrition and Physical Activity Self-Assessment for Child-Care] is in Step 2. For more information on NAP SACC go to, <a href="http://gonapsacc.org/">http://gonapsacc.org/</a>. Centers must complete the NAP SACC self-assessment and may choose to earn additional points by undertaking additional work with NAP SACC.
- The rating information for centers will be made public in 2017. At this time, it is not entirely clear how the information will be shared with communities, parents, etc.. Possibility to include the rating of each licensed program in the license information system on line. Programs may engage in marketing of the "step status" and convey this information to the community and public at large. Diane will ask Eleanor for additional information on how the scoring information will be made publically available.

## **ECCS Award and Project Focus**

Tiffany provided updates to the group on the status of the Early Childhood Comprehensive Systems award and projects.

- The Response of Health Care Professionals to ACEs: Reframing Child Wellbeing was a conference attended by 140 in September. Dr. Bruce Perry from the Child Trauma Academy was very well received.
- Collective Impact is the method the ECCS award will deploy in achieving the grant goals. Collective Impact is the commitment of a group of people from different sectors to a common agenda for solving a complex social problem. To learn more, visit <a href="www.fsg.org">www.fsg.org</a>
- The federal funding source, HRSA, required all grantees to select 1 of 3 strategies. Nebraska selected the 'mitigation and prevention of toxic stress and trauma in young children.'
- Three projects supported by current ECCS funding:
  - O Circle of Security-Parenting with Panhandle Partnership where an 8 week parenting program is taught by trained adult facilitators. Related note: Nebraska Children and Families Foundation is hosting training for facilitators in Kearney, September 16-19. Scholarships are available. Go to <a href="http://www.nebraskachildren.org/cos/">http://www.nebraskachildren.org/cos/</a> for more information
  - o Early Childhood Community Link Update, <a href="www.ecclink.org">www.ecclink.org</a>. This web-based platform was developed as a central location for initiatives, assessments, and resources in the early childhood arena across the state. Please check out the site to see if your efforts have been captured on the site.
  - O Toxic Stress Videos videos are under development for 4 audiences [home visitor, foster care parent/worker, professional, and child care provider]. Once completed, the materials will be made available at no charge and broadly disseminated.
- How Brains are Built: The Core Story of Brain Development, 4 minute video was viewed by the group.
  http://www.youtube.com/watch?v=LmVWOe1ky8s&list=PLE54098B10ED01BEE

#### Review & Update Work Plan

Highlights from the December 16, 2013 break out session were shared [see attached]. Diane invited the team to share any suggestions for incorporation into the updated work plan by March 14<sup>th</sup>. People can email suggestions to Diane, Tiffany or Carol. The 3 will set up meeting time and present to the group at our April meeting.

#### Updates, Sharing & Next Steps

- The Right Place: How to Locate Child Care in Your Area pocket size booklets in English and Spanish have been revised. DHHS staff can order EA-PB-6; others can contract Diane Lewis at diane.lewis@nebraska.gov to order.
- Holly Dingman shared information on the NAP SACC train the trainers. Emily trained Child Care & Adult Food Care Program staff; next week she will be training Extension Educators. They are creating a state level team at Extension. Live Well Omaha Kids and 4 Corners Health Department and Teach A Kid to Fish are all having refresher training. Breastfeeding has been added as a component to the curriculum. Holly is having continued conversations with UNC, particularly with regard to the QRIS. The NAP SACC model offers coaching and training on the self-assessment tool. The tools are differentiated for family home day care and center based day care. All materials are free for download.

- Dipti has a PhD in nutrition and is working on NAP SACC. Dipti shared another new staff person, Natalie Williams, has started. Natalie's focus is infancy and breastfeeding.
- Ann shared about her new role since retirement. She is teaching nursing students at Creighton in community health. Ann stated the benefits of placing nursing students in child care centers in Omaha. Nursing students saw the impact of the children coming from violent homes and facing poverty. Child Care staff enjoyed the presence of the nurses because of the information sharing. Ann wants to secure funding and build a collaborative to meet the child care center's needs.
- Erin, a senior nursing student who joined the call, is updating the PEP Policy Manual at the DCHD. PEP hasn't been updated for about 10 years. Erin is searching for more on CCHC outside of the Douglas County area. As the policy manual is being updated, it will be made accessible on line through the Douglas County Health Department. Mary Balluff stated the manual is being reviewed by CDC standards, EPI and others at DCHC. Mary estimates the manual will be completed in 6 months. Mary requested input from the group and will share the draft version.
- Holly reported they received continuation funding from the CDC for 5 years, receiving basic and enhanced funds, covering 4 federal health programs. 3 of those programs are in Health Promotion.
- Pat shared information about Train the Trainers for TOT for Eco-Healthy Child Care. This is a national program that ensures child care settings are as happy, healthy, safe and green as possible by reducing children's exposure to toxics. Visit <a href="http://www.ecohealthychildcare.org">http://www.ecohealthychildcare.org</a> or <a href="http://www.echn.org/ehccc">http://www.ecohealthychildcare.org</a> or <a href="http://www.echn.org/ehccc">http://www.echn.org/ehccc</a> for more information.

## **Future Meeting Dates**

The group agreed to set a consistent meeting time schedule, selecting the last Wednesday of the month, from 1:30-3:30pm. Meeting dates are:

- April 30
- June 25
- August 27
- October 29
- December 31 or do we move to December 17?